

**PARENTS ASSOCIATION FOR DIFFERENTLY ABLED ADULTS
- PADA - DRO/SJN/SOR/387/2014-15**

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**Annual Report of PADA
2020- 2021**

Prepared by Mrs. Radhika Dhiwakar, Secretary

Overview

Parents Association for Differently Abled Adults (PADA) was founded in the year 2014 on May 1st. It has been formed with the objective of providing meaningful engagement of Differently Abled adults in activities which provide them over all development.

PADA started its first project called Rainbow Learning Centre (RLC) - where *Learning is Fun* with the objective to train Life Skills to the students. At RLC, students are trained in basic computer skills, money concept, shopping, basic cooking, activities of daily living dance, music, sports, arts, craft, etc.

Due to the unforeseen pandemic situation in this year, online training program was designed and executed without diverting from our objective of providing overall development of the students.

Monthly Report

May 2020

During the month of May, Mr. Dhiwakar, Mrs Radhika and Mrs Roopa planned the curriculum for the students according to their abilities. The curriculum covered drawing, colouring, numbers, alphabets, words, simple maths, reading comprehension, date, time, currency, brand/product identification, typing, story-telling, singing, dancing, yoga and exercises.

The decision was to conduct two hours online classes every day (10:30 – 12:30) with Google Meet. All students were asked to create a Gmail account in their name to attend the classes. It was decided to have the Activity Plan for each week for each student with 3 worksheets per day for four days (Mon – Thu). The hard copy of the worksheets to be sent by post. Regular Parents Teachers Meeting to be held to monitor the progress and to seek feedback. The entire plan was conveyed to the parents during Parents Teachers Meeting held on 29th May.

June 2020

RLC started its online classes on 8th of June 2021. Seven students attended the online classes during the first few weeks. The class starts with prayer followed by exercises and ends with prayer. The time in-between is used for day-date-month, topic of the day and worksheets. Friday was dedicated for story-telling, singing and dancing. Initially, one story was chosen for each week. Stories were also recorded and sent to the students to assist them.

During the initial weeks, worksheets were created manually, which was then created using Microsoft Word and Excel applications.

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July 2020

Mr. T.V.S Rao, one of our founder members passed away on 9th of July. He was a very dedicated and an active member. His son Mr. Harish became a member of PADA.

Students were taught how to wear mask and wash hands to safe guard them against any infection. Parents were asked to take a video of the students washing their hands and send it through WhatsApp. Videos were shown regularly to assist them in learning and for motivation.

During this month students were taught to help parents in house-keeping. Parents were asked to take a video of the student performing the house-keeping task. This motivated the students to help their parents in the way possible by them.

Monthly Quiz was decided and designed to cover the topics covered during the month.

August 2020

Details about Rainbow Learning Centre and its activities were shared in the Family Support Group of NIMHANS. Subsequently, two new students enrolled with us.

Independence Day was celebrated over video call, which was well received well by the students.

Brand and Product identification with pictures was introduced in this month. Brands and common products used by each student was collected from their parent. This was also added to the quiz.

September 2020

On Teachers Day, the students made cards for the teachers and sent the photos of the cards through WhatsApp.

Outline for Diwali Greetings was drawn by volunteer Ms Latha. This was sent to Rajarshi and Monica for colouring.

Birthday of Ajay, Anand and Renuka was celebrated.

October 2020

Saraswathi Pooja was celebrated at our Rainbow Learning Centre on 25th October 2020. One hour class was conducted during Navratri holidays.

Hand-made Diwali Greetings was sent to all donors and volunteers of PADA.

November 2020

Balipadyami, Deepavali and Children's Day were celebrated.

December 2020

Webinar on 'Managing Challenging Behaviour' was conducted by Mrs Saradha Ganesan, Special Educator and Counsellor on 5th to all parents. Contact details of Mrs Saradha was shared with parents for further clarifications or counselling, if required.

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Birthday of Malathi was celebrated. Quiz and Christmas party were organised on 24th December. Coffee mugs with individual photo and snacks were distributed to all. Chief guest for the event was Mrs Nandini Harish, a key patron of PADA.

Rainbow Learning Centre was closed for Christmas and New Year between 25th December to 3rd January.

January 2021

Classes commenced from 4th of January. Shri Kaushal Jha joined PADA as a new member. Two new students enrolled with RLC. Birthday was celebrated for Brinda and Monica.

After Shankaranthi, Samarthanam informed us to vacate the place offered at the earliest. After a discussion with PADA Secretary and Samarthanam Trust, it was decided to give away one room to Samarthanam and PADA will relocate latest by June 2021.

An emergency offline meeting was organised on 30-01-2021 to discuss the relocation issue which was attended by Executive Committee Members.

February 2021

The President and the Treasurer of PADA collected the UDID cards from AMC for the students of PADA who applied for it.

Search for an independent new location to PADA was pursued.

Birthday for Sooraj and Mrs Roopa was celebrated.

March 2021

The final quiz for the year was conducted covering the story and the topics covered throughout the year. Each student had 20 questions. This event was very much appreciated by the parents and the guests who attended the quiz programme.

A new location for PADA and Rainbow Learning Centre was found at HSR layout. Refer the header of this report for its address.

April 2021

Birthday of Rajarshi was celebrated. Regular classes were conducted till 16th April. A Certificate and an activity book were sent to all students. Each student was informed to complete the activity during the summer holidays. Till the end of April, one hour class was conducted on Tuesdays and Fridays for singing and dancing respectively.

The rental agreement for the new location was signed on 13th of April by the Secretary of PADA and the owner of the house.

One YouTube channel in the name of 'Rainbow Learning Centre Bangalore' was created with the intention to upload learning videos for the benefit of all students. We thank Mr Kaushal Jha for volunteering to create and upload videos.

~ END ~