

PARENTS ASSOCIATION FOR DIFFERENTLY ABLED ADULTS - PADA - DRO/SJN/SOR/387/2014-15

CA39, 15th Cross, 16th Main, HSR Layout, Sector – 4, Bengaluru 560 102
Ph: 63624 99829, 98453 69872, padabangalore@gmail.com, www.pada.life



Annual Report of PADA 2019 – 2020

Prepared by Mrs Radhika Dhiwakar, Secretary

Overview

Parents Association for Differently-abled Adults (PADA) was found in the year 2014 on May 1st. It has been formed with the objective of providing meaningful engagement of differently-abled adults in activities which provide them over all development. PADA also provides self-help and life skills training for the students.

To teach the students life skills, PADA started its first project called, Rainbow Learning Centre (RLC) in 2017, where Learning is Fun. RLC is located in Samarthanam Trust building. We thank Mr Mahantesh, founder and Managing Trustee of Samarthanam Trust for his support.

Activities at RLC

On regular basis exercises, yoga, meditation, typing, singing, dance, money-concept, colouring, painting, simple maths using calculator, jewellery making were conducted. Festivals, birthdays and special occasions were celebrated at RLC. On monthly basis, cooking was done at RLC and students were taken for shopping experience. On quarterly basis, students were taken for visits to places like museum, movies and Namma metro.

Highlights of the year

- The ride in Bangalore Namma metro was the first-time metro ride for most of the students.
- Ms Leelavathi, IAS, Director of Handicapped and senior citizens development and Mr James, social worker from NIMHANS visited to know about RLC and its activities.
- PADA applied Unique Disability ID card for 14 persons and guided the parents to get the ID card.
- Ms Nandini Harish donated 500 jute bags for painting and subsequent sale of the same.
- Volunteers of PADA, especially Ms Latha and Ms Nandini helped in painting jute bags which were bought by well wishers during Navratri and Deepavali festival season.
- Students coloured hand made greeting cards which were then sent to donors to PADA on the occasion of Deepavali and New Year.
- PADA received 80G certificate from Income Tax department of India.

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New initiatives

Weighing concept was introduced to students with the help of weighing machine.

As school was closed due to Covid-19 pandemic, Video based call was organized from April 2020 to conduct on-line classes.

Future plans

1. To plan on-line classes for teaching and engaging students during the pandemic period.
2. To apply and register under National Trust.
3. To buy a van for transporting our students.

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Monthly Report

May 2019

During the months of April and May, members of PADA met to discuss the functioning of Rainbow Learning Centre. The time table and activity plan were made for the activities of RLC.

June 2019

RLC started working from 3rd of June 2019. Website for PADA (www.pada.life) was designed and deployed by Ms Sivasankari Manian and Mr Dhiwakar.

Wheel chair was purchased by PADA for use by the students of RLC.

Students were taken to the Aladin 3D movie at Garuda mall. Students enjoyed the movie.

July 2019

The Annual Day of PADA was celebrated on 6th July 2019, Saturday. Satyanarayana Pooja was conducted on the same day from 8:00 AM to 10:00 AM.

Mrs. Vasanthi Saavanur Managing Trustee of Samarthanam Trust, lighted the lamp and inaugurated the function. A motivating speech was given by her during the occasion to the parents and students.

Students of RLC and PADA participated in cultural activities. Mementos were given to the chief guests and prizes were distributed.



PADA started the applying for UDID (Unique Disability ID) for all students.

August 2019

The members of PADA, Mrs. Radhika Dhiwakar, Mrs. Subbulakshmi and Mrs. Chhanda Sur attended Assistive Technology workshop organized by Mobility India.

RLC started working on Saturdays from August to help the volunteers participate in the activities.

Independence Day was celebrated along with Samarthanam Trust. Our students performed a dance program in this event.



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Five laptops were donated by Infineon Technologies to Rainbow Learning Centre. Mr Sunil Nambiar representing Infineon Technologies handed the laptops. We thank Infineon Technologies and Mr Sunil Nambiar for this wonderful gesture.



September 2019

Ganesha Chaturthi was celebrated on 2nd September.

Teachers Day was celebrated along with Samarthanam Trust on 10th September. Our student Ms Renuka performed a dance program in this event.

With the help of one of our volunteers, stall was organised at an apartment located at



Kadubeesanahalli. The stall was very well received and all our jute bags got sold out.

October 2019

Saraswathi Pooja was celebrated on 7th October.

Ms Roopa was appointed as full-time Teacher.

Deepavali greetings were coloured by our students and were sent to all the donors on time. The outline for the picture was done by our volunteer Ms Vijayalakshmi.

All the students were taken to the Indian Musical Experience, JP Nagar on 15th October along with their parents. Students liked the video presentations and got to know about various musical instruments. All participants enjoyed this trip.

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November 2019

Kannada Rajyothsava Day was celebrated on 1st November along with Samarthanam Trust. The students of RLC performed a dance which was very much appreciated by all attendees.

On the occasion of World Disability, students were taken to Kanteerva stadium and Bal Bhavan located at Cubbon Park. They participated in sports, drawing and cultural activities.



A workshop on Sensory Integration held at Mobility India, JP Nagar was attended by the Secretary of PADA on 22nd and 23rd November.

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December 2019

Samarthanam organised for Walkathon on 8th of December. Our students, Master Ajay and Master Sarvesh participated in the event along with their parents.



A stall was set up at the Richmond Town Carnival to promote PADA. It was received well.

Christmas party was celebrated on 20th December, with Santa distributing gifts to all the students.

January 2020

Shankaranthi was celebrated on 13th January. RLC centre was decorated by the students. Pongal was cooked with the help of the students. Students enjoyed a tasty lunch.

Volunteers of PADA assisted in the painting of Jute bags and jewellery making. Stencil of pictures were bought and painting was done by the students with the help from volunteers and teachers.



Republic Day was celebrated with Samarthanam Trust on 26th January. A dance program was performed by the students.

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February 2020

All students were taken to the Orion Mall on 6th February. All had the Bangalore Namma metro experience for the onward journey and the return journey was by bus. It was a first metro experience for many of the students. We thank Mr Madhu and Janani tours for their support in providing the bus.



Ms Malathi performed a solo dance program in the event organized by Samarthanam Trust to celebrate its 23rd anniversary.

Workshop on Social Role Volarization was attended by Mrs. Radhika and Mrs. Roopa at Portico Sarovar Hotel on 11th and 12th February.



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Mrs Leelavathi, IAS Director of Handicapped and senior citizens development visited RLC on 12th February, to know the activities of RLC.



Sports Day of PADA was held on 16th February, Sunday at the Lawrence School ground located at HSR Layout. This event was attended by nearly 80 people including students, parents and sibling. Medals were distributed to all the children on that day.



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Mr James, social worker from NIMHANS visited RLC with his team on 19th February to know about our activities. He communicated that appropriate students can be recommended to RLC.



Students were taken to Visvesvaraya Technical Museum on 28th February.



PADA got 80G certificate from the Income Tax Department of India

March 2020

Cooking session was organized on 6th March 2020. Students along with staff cooked pocha on that day.

RLC was closed from 10th March because of the Corona Virus pandemic.

On-line classes via WhatsApp were conducted for one hour from 11:00 AM to 12:00 from 26th March.

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April 2020

On-line classes were conducted during April, by WhatsApp call for one hour per day. During this period planning and preparation for a long-term online class for the students of RLC was done.

The students and staff of RLC thank all the well-wishers and supporters.



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