

PARENTS ASSOCIATION FOR DIFFERENTLY-ABLED ADULTS

PADA is a registered non-profit, non-government association of parents and guardians of differently-abled adults.

PADA is registered under Karnataka PWD act. PADA has 12A and 80G certificates.



OUR VISION

To Empower intellectually challenged adults for independent and inclusive living with experiential learning.

OUR MISSION

- ☞ To Assist the parents in availing benefits from government schemes for people with disabilities.
- ☞ To Practice self-help and life-skills for dignified and independent living.
- ☞ To Provide exposure improve social interactions.
- ☞ To Explore creativity and develop skills.
- ☞ To Train for better health and peace.

HOW CAN YOU HELP US?

- ☞ Become a member if you are the parent of a physically or intellectually challenged person
- ☞ Volunteer! Assist us in our activities
- ☞ Sponsor programs, events and equipment
- ☞ Celebrate special occasions with our students
- ☞ Donate to assist in our endeavour
- ☞ Buy our Eco-friendly products

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Together We CAN

Rainbow Learning Centre – Where Learning is FUN

Rainbow Learning Centre, a project of PADA trains adults with intellectual disabilities develop self-help, life-skills and become as independent as possible.



An exhaustive lesson plan has been designed with creative ideas to cater the needs of moderate to severe intellectually challenged adults. Audio and video materials are prepared to aid learning.

Each student has an Individual Learning Plan (ILP) based on their own capabilities, goals and strengths. Progress report for the students is prepared and shared with parents to monitor their development.

The Rainbow Learning Centre curriculum is centered around developing life-skills through practical sessions covering

- ☞ Prayer, Yoga, Exercises, Meditation
- ☞ Dance, Singing, Story-telling
- ☞ Drawing, Art, Craft
- ☞ Essential Math and English
- ☞ General Knowledge
- ☞ Quiz – Monthly and Annually
- ☞ Sports and Games
- ☞ Simple and advanced puzzles
- ☞ Knowing brands and logos
- ☞ Concept of money and shopping
- ☞ Basic use of computer and phone
- ☞ Essential cooking skills
- ☞ Outings for social interactions
- ☞ Self-grooming, Hygiene
- ☞ Hospitality and Housekeeping
- ☞ Jewellery making
- ☞ Making dust-bin liners
- ☞ Jute bag painting

Since June 2020, video-call based classes (via Google Meet) are held. Paper-based worksheets are posted to every student, which is to be completed during the classes with the assistance of a parent or an elder.

Contact us to for queries or to enroll.